

SCC Stadium Records

SCC STADIUM RECORDS:

Event	Athlete (Affiliation)	Mark	Year	Meet
100	Roxie Davis (WSU)	11.94#	1988	Tartan Cup
200	Denise Lucas (Mt. Hood)	24.53#	1986	NWAACC
400	Rhonda Bell (Bellevue)	54.21#	1980	NWAACC
800	Michelle Finnvik (Green River)	2:10.13#	1985	NWAACC
1500	Kathy Weston (OSU)	04:32.1	1980	WSU Dual
3000	Joan Lahti (SCC)	09:49.9	1980	OSU Dual
5000	Zoe Nelson (Kalispell HS)	17:12.99#	2004	Dusty Lane
10000	Janet Griffith (Highline)	38:18.2	1982	NWAACC
100 Hurdles	Kay Garnett (Bellevue)	13.89#	1982	NWAACC
400 Hurdles	Anita Sartin (Bellevue)	1:00.22#	1985	NWAACC
4x100 Relay	CC Spokane	47.47#	1985	NWAACC
4x400 Relay	Bellevue CC	3:51.42#	1982	NWAACC
Long Jump	Jackie Joyner (UCLA Shaklee TC)	21-3 $\frac{3}{4}$	1981	TAC Heptathlon
Triple Jump	Jackie Ross (Unattached)	40-8 $\frac{1}{4}$	1989	Bigfoot
High Jump	Ann Bair (Virginia)	6-1 $\frac{1}{2}$	1981	TAC Heptathlon
Pole Vault	Jeannette Martus (WSU)	12-2.5	1999	Dusty Lane
Shot Put	Jane Frederick (Athletics West)	49-9 $\frac{1}{4}$	1981	TAC Heptathlon
Discus	Mandy Borschowa (WSU)	169-09	1999	Dusty Lane
Hammer	Andrea Thornton (Unattached)	191-05	2005	Dusty Lane
Javelin-New	Jordan Graeme (EWU)	159-02	2005	Dusty Lane
Javelin-Old	Mylissa Coleman (Idaho)	173-11	1985	SCC Inv
Heptathlon	Jane Frederick (Athletics West)	6011	1981	TAC Heptathlon
# Electronic Timing				