

# Heptathlon

Northwest Athletic Association of Community College Women's Top Twenty Heptathlon Records - 2010

## TOP TWENTY INDIVIDUAL SCORES:

Rank	Athlete	Score	Year	City
1	Katie Miller	4988	2004	Clark**
2	Amber Miller	4880	2001	Spokane**
3	Anitra Sartin	4860	1985	Bellevue
4	Molly Burt	4799	2005	Spokane**
5	MacKenzie Winkle	4698	2004	Lane**
6	Brooke Wislon	4668	1998	Clark**
7	Kasie Gillespie	4630	2004	Clackamas**
8	Brandy Dunn	4575	1996	Lane**
9	Marnee Senger	4536	1990	Bellevue
10	Vickey Spikerman	4517	1984	Lane *
11	Teona Perkins	4492	2005	Spokane**
12	Sam Berryman	4465	2010	Lane**
13	Alissa Miller	4462	2003	Spokane**
14	Krista Ankeny	4451	1984	Bellevue*
15	Amy Hill	4442	2000	Lane**
16	Kim Porter	4417	1986	Green River
17	Jeanine Delano	4394	1993	Mt. Hood
18	Cydney Edmunds	4381	1999	Spokane**
19	Charity Cornwell	4371	1996	Mt. Hood**
20	Brady Randall	4329	2002	Mt. Hood**

## EVENT RECORDS:

Event	Mark / Time	Athlete	Year	City
100 H	14.55**	Molly Burt	2005	Spokane
High Jump	5-09.75	Dawn Putnam-Vinyard	1994	Clark
Shot Put	40-10.5	Cydney Edmunds	1998	Spokane
200	25.32**	Amber Glunt	2007	Mt. Hood
Long Jump	18-03.75	Brooke Wilson	1998	Clark
Javelin	142-10	Liz Jacobsen	2006	Clark
800	2:15.21**	Teona Perkins	2005	Spokane
Total Day 1	2970	Katie Miller	2004	Clark**
Total Day 2	2085	Amber Miller	2001	Spokane**
* = Score Based On Pre 1985 Scoring Tables			** = Score Based On Fat Times	